

# Middle School Extracurricular Activities & Information

Ripon Middle School is happy to provide many opportunities for our students!  
The following extracurricular activities are offered:

## Fall

- Cross Country (6<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup>)
- Girls Volleyball (7<sup>th</sup>, 8<sup>th</sup>)

## Winter - January/February

- Girls Basketball (7<sup>th</sup>, 8<sup>th</sup>)
- Wrestling (6<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup>)

## Winter - November/December

- Forensics (6<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup>)
- Boys Basketball (7<sup>th</sup>, 8<sup>th</sup>)

## Spring

- Track (7<sup>th</sup>, 8<sup>th</sup>)

All student athletes need to complete three requirements before they are able to participate in these activities.

1. Fill out an Extracurricular Code
2. Pay the \$20.00 per sport athletic fee
3. Have a current/complete green physical form on file with the middle school office

## Physical Information

Physicals are required every other year. If this is the students first year participating in athletics at RMS they are **required** to have their first physical performed by their primary physician.

\*\*NOTE: Physicals must be done, and forms must be turned in, prior to the first day of practice. If not, the student will **not** be able to participate until it is turned in.

***If you have any questions feel free to contact the school office.***